

Palliative CARE



Benefits of Palliative Care:

- Puts the patient's desires, goals & decisions first
- Supports the patient & family
- Guides patient/ family in understanding the treatment plan
- Improves the quality of life
- Provides pain and symptom control
- Focuses on the mind, body, and spirit
- Reduces unnecessary hospital visits
- Reduces mental and physical distress, as well as discomfort
- May help patients live longer
- Allows the family to gain the strength to carry on with their lives

Who needs Palliative Care?

- Those who have frequent visits to the emergency room or have been hospitalized in the last six months
- Those who have sudden and major decline in cognitive and functional abilities with no identified reversible causes
- Those who have a primary diagnosis of metastatic cancer with chronic pain and not on chemotherapy
- Those who are under a semi-comatose or comatose state with no reversible causes
- Those who have persistent minimal oral intake and/or unexplained weight loss

What can our Palliative Care team do for you?

- Help maintain the most comfortable, independent, and active lifestyle as possible
- Help coordinate care and treatment with your medical team
- Treat pain and symptoms such as nausea, fatigue, depression and anxiety
- Provide answers, assistance, and emotional support to the patient and family when making important and difficult medical decisions
- Identify support services to help you during and after stay