

# Rehabilitation Therapy Services:

The goal of rehabilitation is to help individuals achieve their highest levels of independence and quality of life. We offer an interdisciplinary team approach that is personalized to help you meet your individual needs and functional goals. Our therapeutic programs focus on improving each person's ability in areas that may include self-care, mobility, cognition, swallowing, communication skills, Instrumental Activities of Daily Living such as meal preparation and medication management, as well as recommendations for equipment needs to facilitate mobility and independence. The interdisciplinary team will work with individuals and their families to make appropriate recommendations for return to home or to the most appropriate level of care.

## Therapy Services Include:

- Physical Therapist
- Occupational Therapist
- Speech/Language Pathologist
- Respiratory Therapist
- Specialized Brain Injury Therapy
- Recreation Therapist

