



Would you
like to
live in the
community instead
of a nursing home?



The Nursing Home Transition and
Diversion Program helps
Medicaid-eligible seniors and people
with **physical disabilities** receive
comprehensive **services** they need to
live in a community-based setting,
such as their **home**.

Participants choose:



the services they receive;



their service providers;



where they live;

and the outcomes they will achieve.

To learn more,
you or your representative may contact the
Open Doors Transition Center toll-free at
844-545-7108 and ask for information about the
Nursing Home Transition and Diversion Program.
Or, visit www.health.ny.gov/nhtd

The program is available to New York State residents who are:

- eligible for community-based Medicaid;
- in need of nursing home level of care;
- either between the ages of 18-64 and have a verified physical disability, or are age 65 or older when applying to the program; and
- able to live safely in the community with the services and supports offered through Medicaid, the program, and other community resources.

What are some of the services I can receive?

- Help with daily tasks and activities, such as personal hygiene
- Delivered meals
- Independent living skills and training
- Home modifications, such as a ramp
- Assistive technology devices, such as controls for lights, phones and heat
- Peer mentoring
- Moving assistance
- Respiratory therapy
- Structured day program
- Transportation to social activities
- Wellness counseling
- Coordination and planning of all services you receive
- Help integrating into the community, like moving costs

How do I apply to participate in this program?

1. Have active Medicaid or enroll in Medicaid at your local Department of Social Services.
2. Get connected with your local Regional Resource Development Center by:
 - talking to your nursing home's Discharge Planner or social worker,
 - talking to an Open Doors Transition Specialist (call 844-545-7108), or
 - contacting your local Regional Resource Development Center directly.Find yours at www.health.ny.gov/nhtd
3. Work with your local Regional Resource Development Center to apply and select a Service Coordinator.
4. Develop a plan with your Service Coordinator to receive the services you'll need at home and submit your application.