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Open Doors

Open Doors is funded by Money Follows the Person (MFP). The MFP Rebalancing Demonstration Grant is a federal program created as part of the Deficit Reduction Act of 2006, and further extended as part of the Affordable Care Act, to assist states in shifting their Medicaid long-term care service and support system to support people with disabilities living in the community. The program seeks to promote rebalancing efforts toward which states increase the use of home and community-based services (HCBS) and reduce the use of institutionally-based services, such as nursing facilities and intermediate care facilities.

New York State was approved to be part of the demonstration grant beginning in 2007. The state's program, administered by the Department of Health (DOH), originally focused on assisting older adults and people with disabilities served by the DOH. In 2013, DOH expanded its program to include a partnership with the Office of People with Developmental Disabilities (OPWDD) as they progressed toward their goal of reducing institutional placement for people with intellectual disabilities and developmental disabilities (ID/DD). More information on the State's demonstration can be found on the [DOH MFP web page](#) and [OPWDD Housing Providers](#) and [OPWDD Housing Services](#) webpages.

In 2014, NYAIL was selected by the Department of Health to coordinate the Open Doors Transition Center as part of State's Money Follows the Person (MFP) program.

The goal of this project is to increase the number of people in nursing homes and intermediate care facilities (ICF/IIDs) who are able to access home and community-based services. NYAIL is partnering with Independent

Living Centers (ILCs) across the state to implement the program. The program has several components including **Transition Assistance**, **Peer Support**, **Person Centered Planning Coaching** and the **Good Neighbor Program**.



Open Doors Transition Assistance

NYAIL's Open Doors Transition Center has transition specialists at ILCs across the state to directly assist people in nursing homes access the services they need to return to the community. The transition specialists also work with people in ICF/IIDs who are moving to community settings or are transitioning to a model of increased community integration in their current home. For more information or to make a referral visit the **Transition Assistance** web page.

Open Doors Peer Support

NYAIL's Open Doors Peer Support Program is designed to offer people who are considering or in the process of transitioning one-on-one support through the process by individuals who have lived the experience. These peers are willing to share their stories and real-world experience that demonstrates people with disabilities can and do live successfully in the community. For more information or to make a referral visit the **Peer Support** web page.

Open Doors Good Neighbor Program

The Good Neighbor Program is designed to assist individuals without family or friends residing in nursing homes to return to the community. It can fill crucial gaps in an individuals' support network. Neighbors are paid to provide support and backup care to assist individuals returning to living in their communities. In addition, Neighbors serve a role in breaking down social isolation and building engagement within the community. Social activity, building neighborly relationships and independent community living play important roles in health and happiness. For more information visit the **Good Neighbor** web page.

Open Doors Person Centered Planning Coaching

People who transition with Open Doors get the support of a Person Centered Planning (PCP) Coach. PCP Coaches help people build skills to be in charge of their own plan. The focus is on the participant advocating for themselves to get what is important to them. For more information visit the **Person Centered Planning Coaching** web page.

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Download the Open Doors Brochure Here (en espanol)

DOH Insert

OPWDD Insert

Check out NYSDOH's at-a-glance report on MFP, highlighting the work of NYAIL's Open Doors program!
(Download MFP Report PDF)

Open Doors Videos

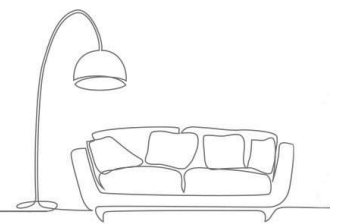
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